

a-W-z

destination & location vocabulary



W Retreat & Spa – Maldives

a Whatever/Whenever/Wherever experience

WHO:	W Retreat & Spa – Maldives
WHAT:	W Retreat & Spa – Maldives is the first Retreat in the W Hotels Brand. W Hotels is a global lifestyle brand with 22 properties, with 20 in the pipeline over the next 3 years. The fastest growing luxury brand hotel brand in the world, W Hotels offers a unique mix of innovative design, comfort, and cultural influences from fashion to music to art and everything in between. Parent company Starwood Hotels & Resorts Worldwide, Inc. continues to aggressively grow its global footprint with a record number of new hotels projected by 2010.
WHEN:	Opened September 23, 2006
WHERE:	Fesdu Island, North Ari Atoll, Republic of Maldives. Just a short, scenic 25-minute seaplane ride from the Male, the nation's capital and location of the International Airport.
W DIRECTORY:	www.whothels.com
HOW:	RESERVATIONS T: +960 332 2222, F: +960 334 1646 E: reservations.wmaldives@whothels.com THE RETREAT T: +960 666 2222, F: +960 666 2200 E: welcome.wmaldives@whothels.com MALE OFFICE ADDRESS 5th Floor, ADK Tower, Ameeru Ahmed Magu, Male, Republic Of Maldives

W RETREAT & SPA - MALDIVES

The stylish group of ultra-chic hotels W's new premier resort is set on the exclusive and very exotic island of Fesdu. With its contemporary and cutting edge approach focused on a lifestyle-oriented concept, this resort is in perfect harmony with the island. Traditional Maldivian exteriors conceal contemporary interiors with sweeping arcs of gleaming white sand and calm turquoise waters. Whatever you want, Whenever you want it is the philosophy of W hotels throughout the world; and in conjunction with the famously charming service of the Maldives, this is a winning combination.

Seventy eight individual Retreats are available in five categories: Twenty eight land based, spectacular Beach Oasis including three Twin Beach Oasis; 26 spacious, overwater Ocean Oasis and 21 Ocean Oasis Lagoon View retreats; 3 Seascape Escapes, our junior suites and one WOW villa, the 2-bedroom Ocean Haven.

The Retreats are a perfect blend of W's innovative architectural design and contemporary living esthetics with island village simplicity. Each features an extensive state of the art BOSE sound system, 42" plasma screen TV, CD/DVD, spacious indoor and outdoor living areas, plunge pools, barbecues for private dining, outdoor tropical showers and day beds for lolling in the lap of luxury. Smooth, stylish interior design and all the modern gadgetry one could possibly need are an integral part of the appeal.

There is an eclectic mix of 6 bars and restaurants at the W Maldives. KITCHEN, the all day dining bistro, and FIRE, where you have your choice of 4 different barbeques, provide menus for everyone's palate. Swim up to the pool bar WET and order a light lunch. For a chill sunset, enjoy a cocktail and nibbles at SIP. Next door is FISH – the signature seafood restaurant set over the water and under the star; a beautiful great way to soak in the atmosphere and perhaps see a shooting star. 15 BELOW, the place to see and be seen, is the only true nightclub in the Maldives, with its own resident DJ and set underground.

When you crave feeling the Indian Ocean on your skin; escape to WAVE for a full range of water sports and activities. If your desire is what's under water, then DOWN UNDER you go! Completely equipped with the latest dive gear, it offers the full range of PADI certified courses & specialty courses.

Reflecting the W style, the Acceleration and Deceleration facilities at W Retreat & Spa - Maldives are the absolute latest. Accelerate at SWEAT®, a state of the art fitness center where energizing is easy. Then there's the main pool, beach water sports and DOWN UNDER dive center.

Alternatively, decelerate. Research escapism and discover true pampering at the AWAY® Spa. Reminiscent of a Dhow, a traditional Maldivian boat sporting elegant forms and vibrant sails, the spa embarks you on a journey of transformation. A massage, body wrap, sunburn soother, perhaps immersions in tropical therapies or individual cleansing steam baths, the world is your oyster as you indulge.

Welcome to W Retreat & Spa – Maldives, a genuine Whatever/Whenever...Wherever experience.

LOCATION MAP



W Retreat & Spa – Maldives,
Fesdu Island, North Ari Atoll, Republic of Maldives
4°N-42.5°E

FESDU

A gem encased in white sand! This peaceful island is as close to paradise as you can ever hope to get, with palms draping over crystal waters and neatly raked coral paths winding in gardens bursting with tropical colors. A turquoise lagoon facing north-west reflects all the hues of the sun. The sand is whiter than white, waiting each morning for the kaleidoscope of shells and foam the sea brings in.

Then there's the world below the water. Fesdu is renowned for its underwater offerings -dive sites enhanced by farus and tillas which don't reach the surface and are often as deep as 8m to the top of the reef. A faru is a coral wall, usually in a large circle, which rises up from anywhere between 40m-20m to just below the surface of the sea; a tilla is a smaller formation that rises up like a small hill.

A unique diving spot in Fesdu is Hoholla Faru. This faru has a number of shallow caves big enough to swim into. The ceiling and walls are very honeycombed, allowing fish to swim in and out at their leisure. The ceiling, a living mural, is covered by coral encrusted clam shells. Just a stone's throw from Fesdu is Gaathafushi. This Fushi, a small island in old Dhiveli, is totally intact and wild – a tropical fantasy and The Retreat's own secluded island used for private rental by couples and groups.



RETREAT LOCATION

Nearest Airport /Town:	Male	Distance:	50 miles/72.4 Km	Time:	25 minutes by Seaplane
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W LOUNGE



Your journey begins while you wait for your plane to depart from the Male International Airport. Curl up in our comfy chairs at the W Lounge and relax while listening to our W soundtrack. Feeling thirsty? Take a sip of our tempting libation station. Want a snack? Try our selection of fruit or light gourmet bites. We will keep you comfortable until you board the seaplane. Enjoy and see you soon!

HOW

The local seaplane company, Maldivian Air Taxis will take you on a 25 minute scenic ride over low-lying atolls scattered in the two toned aquamarine sea below. The Twin Otter seaplanes can accommodate up to 16 passengers and are perfect for Maldivian conditions. Each aircraft employs 2 pilots and a cabin attendant for your comfort. Baggage allowance is 25kg per passenger.



RETREAT SELECTIONS

Room Type	Number of Rooms	Bedding/Maximum Capacity
Beach Oasis: 188 m2 with upper level living area including BBQ, mini bar & lounge area. Private plunge pool, day beds & relaxation area.	25	King Beds/2 adults & 1 child
Twin Beach Oasis: 2 twin setup with possibility for inter-connecting rooms to offer privacy for friends and family	3	2 Twin Beds/2 Adults or 2 children
Ocean Oasis: 146 m2 over water with large outdoor dining/entertaining/lounging area, private plunge pool, day beds.	25	King Bed/ 2 Adults
Ocean Oasis Lagoon View: 146 m2 over water with large outdoor dining/entertaining/lounging area, private plunge pool, day beds.	21	King Bed/2 Adults
Seascape Escape: 323 m2, 2 bedrooms each with en-suite, large indoor lounge/ dining area, huge outdoor lounging areas with day bed, entertainment area & private swimming pool (24.0sqm).	3	1 King bed & 2 Double Beds/2 Adults, 3 Children
Ocean Haven: 492 m2, 2 bedrooms with en-suite, living/lounge & bar/dining room, study, kitchen, large outdoor entertainment/lounging area with private swimming pool (78sqm).	1	1 King bed & 2 Double Beds/2 Adults, 3 Children
ALL RETREATS HAVE: the W Signature Bed, custom made furnishings, private plunge Pools, dual Vanity Basins, outdoor showers, sun lounges, individual BOSE sound systems, direct beach or lagoon access, 42-inch plasma TV, CD/DVD players, mini bar & wine fridge, Munchie Box, coffee & tea making facilities, telephone, complimentary internet access, air conditioning, bath robes, hair dryers, iron & ironing boards, safe and 24 in-retreat dining		

RETREAT CHECK-IN CHECK-OUT TIMES

Check In:	14.00. Early check-in is based on availability. To guarantee early check-in, guests will have to pay for a pre night stay.
Check-Out:	12.00. Late check-out is based on availability. To guarantee late check-out, guests will have to pay for the day room use.

RETREAT CREDIT CARDS ACCEPTED

Visa, American Express, MasterCard, Diners Club JCB

CHILDREN POLICY

W Retreat & Spa – Maldives is an escape with a host of activities to flirt with ones senses. The safety and welfare of our guests during their stay is very important to us and all guests must follow all Retreat & Spa rules and policies established from time to time governing the safe and proper use of facilities. With the inspiring ocean at your doorstep and the fabulous pool just steps away, children of any age should be kept close and must not be left unsupervised.

Children under the age of 13 are not accepted at the Resort.

There are no babysitting services or Kid's Club available at the Resort

RETREATS



BEACH OASIS Only steps from the beach the outdoor and indoor mingle in designer simplicity. It is 188²m of absolute beachfront luxury. You could stay indoors forever, with the 42' Plasma TV, BOSE Sound system, W signature bed, wine fridge, mini bar and munchie box! But outside the private plunge pool and 2nd story lounge beckon. And there's - a double daybed, fridge, and a BBQ deck from which to enjoy the breeze from the Indian Ocean.

TWIN BEACH OASIS With the same set up as the Beach Oasis but with a 2 twin setup with possibility for inter-connecting rooms to offer privacy for friends and family.

OCEAN OASIS /OCEAN OASIS LAGOON VIEW



An overwater retreat perched above a spectacular lagoon and house reef. Spy on the island's marine life from the privacy of your infinite plunge pool (13.2²m), from the sundeck or through the glass bottom floor. The Ocean Oasis indulges the senses with ingenious quirks of design. Find a 42' Plasma TV, BOSE® entertainment system or chill out on the daybed and enjoy a BBQ with a glass of your favorite wine cooled to perfection in your private wine fridge. Pure decadence!

SEASCAPE ESCAPE

For a serious WOW-factor, try the 322m2 Seascape Escape. You can entertain in the indoor /outdoor lounge area, complete with BBQ and BOSE® entertainment system or just wallow in your very own private, oversized infinity plunge pool (24 SQM) to the sounds of serenity. A sundeck with ocean views invites you to lie and ponder over the meaning of life as you sip champagne from your private collection in the wine fridge. Perhaps the separate chic refreshment center in the retreat calls, or a favorite movie on your 50' Plasma TV. Decisions, decisions...



OCEAN HAVEN

Conceived as the ultimate getaway and total lifestyle chill-out escape, this 492SQM two bedroom retreat is what dreams are made of. You set the pace of this experience, inviting your coolest friends to join you at sunset in the overwater infinity pool. Cocktails are waiting on your bar in the indoor lounge, but you decide to listen to the Indian Ocean softly lapping the edge of the lagoon for a bit longer. Steaks are sizzling on the BBQ Grill so you leave the pool (78 m²) to uncork a bottle of that special vintage stored in your wine fridge. Your guests turn the beat up on the BOSE® sound system and you celebrate loving life to the extreme.



RETREAT FOOD & BEVERAGE OPTIONS

KITCHEN



Outlet Type:	All Day Dining Bistro	
Location;	Next to Welcome	
Operation Hours:	Seven days a week	07.00-22.30
Breakfast:	Semi Buffet	07.00-11.00
Lunch:	A la carte	12.00-16.00
Dinner:	A la carte	19.00-22.30
All day dining :	A la carte	11.00-22.30
Seating Capacity:	Indoor 68 / Outdoor 20	

CONCEPT:

This all day dining restaurant is about ambience, simplicity and soul-satisfying food. A rustic dining experience with a twist. Kitchen's interior design exudes casual elegance, clean lines and a modern interpretation of Bistro dining.

SPECIAL FEATURES:

- Live cooking stations.
- Modern breakfast buffet with open kitchen
- Fresh home-baked delicacies
- Lounge seating
- Semi private dining nooks
- Extensive wine menu
- Wine Safe
- Pizza oven

ENTERTAINMENT:

Contemporary W soundtrack

FIRE

Outlet Type:	Al Fresco BBQ Restaurant	
Location:	South west coast of the island	
Operation Hours:	As advised	07.00-22.30
Dinner only:	Choice of 4 a la carte	19.00-23.00
	BBQ styles:	
	• Mongolian BBQ • CharGrill • Tandoor Oven • Rotisserie	

Seating Capacity: Indoor/Outdoor – 40



CONCEPT:

The BBQ section features spit-roasted lamb or suckling pig, a Mongolian BBQ station where guests choose their preferred ingredients and an open fire BBQ grill featuring a selection of quality meats and fresh local seafood. The open Tandoor oven cooks to perfection Naan bread, marinated chicken, fish or seafood accompanied by a variety of curry dishes and traditional condiments. An a la carte menu consisting of dishes to share such as mezzeh, whole fish and meat specialties is also available. Fire offers a large selection of beer and premium.

SPECIAL FEATURES:

- All outdoor dining under palm trees and sand beneath your seat
- BBQ section with alternative cooking methods
- Dramatic lighting by fire pit and cauldrons
- A la carte menu with items to share

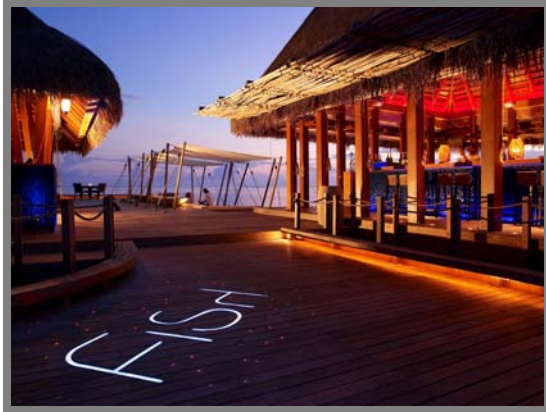


ENTERTAINMENT:

- Traditional Maldivian drums, “Boduberu” performed by local talent
- Live acoustic music
- Pre-recorded beats



FISH



Outlet Type:	Signature Seafood Restaurant	
Location;	South west coast of the island	
Operation Hours:	Seven days a week	
Dinner only:	A La Carte	18.00 - 23.00
Seating Capacity:	Indoor 32/Outdoor – 60	

CONCEPT:

Offering breathtaking ocean views and an unforgettable epicurean experience Fish is the signature restaurant of the W Maldives. The Chef's creativity is unleashed when fresh caught fish and a wide selection of seafood are transformed into delicacies flirting with Asian sensibilities.

MENU CONCEPT:

FISH features the local fishermen's catch of the day as well as freshly imported seafood. The preparation of each dish is faithful to its origins but infused with subtle Asian flavours. FISH also offers a selection of fresh sushi and sashimi guaranteed to delight even the most discerning palates.

The restaurant's wine cellar boasts a selection of premium wines from around the world. Wine and champagne by the glass are available as well as creative cocktails.

SPECIAL FEATURES:

- Overwater restaurant with undisturbed ocean views
- Shaded daybeds to lounge in for pre dinner drinks
- Open kitchen
- Overwater seating for romantic dining
- Catch of the day specials
- Extensive wine menu
- Wine Safe

ENTERTAINMENT:

Chill music to set the mood

WET



CONCEPT: Part swim-up pool bar with specialty cocktails, part poolside lounge gone gourmet, WET will whet your appetite with light main courses, wood-fired pizzas, delicious burgers and Asian dishes. Even while in the Living Room, the Library or in game room you can enjoy a drink or bite from WET.

SPECIAL FEATURES:

- Large bar with swim up bar seating
- Covered and sundeck seating area
- Library, game room, SWEAT gym – directly above

SIP



CONCEPT: Watching the beautiful moments of sunset with breezes off the Indian Ocean while feeling the mood with clear chill out sounds. That must be the reason behind choosing a glass of champagne, shucking a fresh oyster or enjoying your favourite caviar today and slipping into yet another WOW moment.

SPECIAL FEATURES:

- Lounge over the house reef with undisturbed ocean and sunset views
- FISH, near by restaurant for dinner
- Lounge area with large divan sofas
- Extensive cocktail and wine menu
- Live DJ Performance 6 days a week

I5BELOW



CONCEPT: This is the place to let your guard down on the island. Set underground, I5BELOW boasts its own DJ. You can dance the night away or choose to lie on divans while you keep an eye on the action. The bar stocks more than 95 varieties of vodka, a mind-bending range of spirits and whips up creative cocktails for those who like mixes.

SPECIAL FEATURES:

- Oval shaped bar counter in the center of the room
- Lounge booths with divan sofas
- Live DJ performances
- Most creative selection of cocktails with the largest vodka collection in the Maldives

AWAY® Spa

The spa at the W Retreat & Spa - Maldives, is a call back to nature in an exquisite setting. A destination in its own right, the AWAY® Spa is a temple for the body to restore and heal, with the philosophy that true beauty begins with a state of mind.

Within the treatment rooms of the AWAY® Spa, you're instantly whisked to a new level of relaxation. Using exceptional lines of products, our remedies are uniquely designed to rejuvenate the soul and leave you feeling completely cared for. So, why not get away? The indoor and outdoor treatment areas allow for total privacy and complete renewal. You will feel a connection with the island and benefit from the revitalizing presence of the sea and sun as you enjoy a massage, body wrap, or facial under the Dhow-inspired sunshade.

Experience expert application methods and customized ingredients while ambient ocean sounds nourish your soul. Scattered scents ease you into complete relaxation. All treatments include an aromatic steam bath, a tropical rain shower and/or a fragrant bath and a refreshing body moisturizing treatment. And while you're with us, sip soothing herbal teas, tonics or delight in a select menu of culinary delights.

Complement all traditional spa and beauty treatments with a thermal steam bath. Be transformed by the detoxifying effects of AWAY's scented steam area. During a steam session, toxins are eliminated and sinuses are cleared. Fully experience the calming and invigorating effects by following the experience with a cool shower. Prolong the pleasure with a rest on your extra large outdoor day bed or at the over-water bath.

SAMPLE OF SOME OF OUR SIGNATURE TREATMENTS:

Drift Away - 80 min

Our signature massage, combining acupressure and mesmeric strokes. Fluid movements over the body to the healing sounds of waves and crystal vibrations. Uplifting scents of citrus, oregano, anise and basil essential oils blend to enhance clarity and positivity. Perfect harmony and total rejuvenation. An out-of-body voyage setting the mind adrift.

Jet Away facial - 25 min

Time zone tuning to fight off fatigue and stress with chamomile, lavender and rosewood extracts. An aromatic express facial including cleansing, exfoliation and a rebalancing mask for instant glow and freshness.

CREATIVE EXPRESSION

A highlight you should experience. Unique painting sessions as a means of relaxation and creative accomplishment. A great way to explore and express yourself. De-stress and let your creative spirit fly. Paint with no concern for beauty or judgments. Express your power and emotions through brushstrokes. Let out your inner Picasso.

DOWN UNDER

THE SITES

Some of world's best dive sites right on our doorstep.

- Maaya Thila, Fishhead, Malhoss Thila, Himendhoo Thila, to name just a few
- Breathtaking house reef & own Fesdu house wreck

EQUIPMENT

Fully equipped with latest state of the art equipment.

- Bauer B-trox Nitrox compressor, the best and first of it's kind in the Maldives
- Latest top quality Scubapro diving gear; dolphin re-breathers
- Cool underwater scooters; top quality underwater photo equipment rental

COURSES

Full range of PADI courses.

- Open Water; Advanced Open Water; Rescue Diver, Divemaster.
- Specialty courses such as wreck, shark, nitrox, manta ray awareness,
- underwater photography, DPV (diver propulsion vehicle)

SIGNATURE PROGRAMS

DOWN UNDER Signature programs.

- "I went under with DOWN UNDER" certificate (Discover Scuba Diving)
- W underwater video; star in your own underwater movie
- Wrexplorer two tank wreck dive, at Fesdu & Halaveli wrecks
- Stealth diver; with the silent dolphin re-breather to get just that little bit closer to the action
- Hammerhead heaven, overnight trip on our own two mast luxury yacht
- "ESCAPE" to world famous Hammerhead Shark Point

BOATS

- Customized dive boat
- (W)UNDER dive limousine, super comfy with 'après dive' facilities
- Sundeck
- Post dive dry relax area

SAFETY

Specialized dive medical centre.

Professional staffed centre with decompression chamber within 10 minutes from the island

ECO DIVING

- W Marine biology station.
- Guest educational programs, presentations, guided trips, etc.
- Sea watching adventures with the W resident marine biologist.

LANGUAGES SPOKEN

- English, Dutch, French, Italian, Japanese, Russian, German, Dhivehi, Ukrainian.

WAVE

Water sports in the Maldives are among the best in the world. W Retreat & Spa – Maldives offers a choice of aquatic thrills and spills!

FREE ACTIVITIES:

- Molokini “transparent glass” canoes
- Snorkel equipment (Mask, Fins and Snorkel)
- Hobie pedal kayaks
- Windsurf boards & sails
- Kite rig (only for the experienced & after check fly)

WAVE ACTIVITIES

- Private Speed boat hire
- Watersking, Wakeboarding, Monoski
- PARASAILING
- SeaBob
- ESCAPE, our two mast luxury Sailing Yacht
- Gaathafushi, the W Maldives’ own private island
- Game Fishing
- Traditional Maldivian Night Fishing
- FISHING ON CASTAWAY
- Guided Snorkel Tours
- Kitesurfing
- Romantic dhoni sails
- Catamaran sailing
- Windsurfing
- And more....

ENERGY

If you’re bursting for some action head for ENERGY. Try aqua aerobics, SWEAT circuit training, pool games, beach games, billiards, table soccer, table tennis, and feel the buzz.

POOLS

Each retreat has its own private, freshwater plunge pool. The Resort pool is a 210SQM infinity edge pool (1.5m depth) and complimentary towels are available from the towel hut or Sweet Spots.

SWEAT

When you need to get physical SWEAT® is the place to do it at. Our fitness center SWEAT® is available to you 24 hrs a day and has state of the art equipment to keep you fit throughout your experience.

WORDS

Our comprehensive library features the latest and the most loved DVDs. If you are craving to see a favorite movie, just let our fabulous WHATEVER/WHENEVER® talents know and it will be delivered to your doorstep before you can say “Action”!

W THE STORE

Our W The Store offers Local arts & crafts, designer jewelry, clothing, beach needs, toiletries, fashion & accessories.

WORDS ON MALDIVES

The Sanskrit word “MALADIV” meaning “garland of islands” paints the picture. Imagine a garland of 1,193 pearl shaped islands and 20 natural atolls scattered across the equator in the Indian Ocean. Only 199 islands are inhabited and 87 of these are currently operating as resorts. In 2007, the total population of the Maldives was merely 349,106 inhabitants. Male, the nation’s capital, has a land area of approximately 192 sq km and a population of about 74,069 residents. The famous Moroccan traveler Ibn Battuta described the Maldives as “one of the wonders of the world.”

CLIMATE

The climate is warm and tropical throughout the year with cooling sea breezes. Daily temperatures vary between 26°C and 32°C. Even during the monsoon months (south-west from April to October and northeast from December to March) there is seldom more than a few days of rain at a time.

CURRENCY

The unit of Maldivian currency is the Rufiyaa (MRF). The current buying rate is USD 1.00 = MRF12.75 and US currency is widely accepted. You will not need cash while on the island. However, if you choose to visit a local island village, they will accept either Rufiyaa or US Dollars.

ECONOMY

The Maldives’ economy is based on fishing, tourism and shipping. Since 1980 the country has seen rapid economic growth (averaging 10% per annum) largely due to the fast development of tourism and fishing.

HISTORY

Historical evidence indicates that the Maldives were settled more than 2,500 years ago. The Maldives was introduced to the outside world through the cowry shells centuries ago. The cowry shell was used in several countries as a currency of exchange and for personal adornment. The Maldives has been an independent state throughout its known history, except for a brief period of 15 years during the Portuguese occupation in the 16th century. The Maldives became a British Protectorate in 1887 and remained so until 26th of July 1965. The independent Maldives reverted from a Sultanate to a Republic on the 11th of November 1978. The first written constitution was proclaimed in 1932.

LANGUAGE

Dhivehi is the official language of the Maldives. Its present script, Thaana was introduced in the late 16th century and is written from right to left.

NATIONAL SYMBOLS

National Emblem:	A coconut palm, crescent and star, two national flags and the traditional title of the State.
National Flag:	A green rectangle with a red border and a white crescent in the center.
National Tree:	The Coconut Palm
National Flower:	The Pink Rose

USEFUL DHIVEHI EXPRESSIONS

How are you?	<i>Haalu Kihinei</i>
Good.	<i>Rangalhu</i> or <i>Baraabaru</i>
Thank you	<i>Shukuriyyaa</i>
You are welcome	<i>Marhabaa</i>
Goodbye	<i>Vakivelaanan</i>

PEOPLE

Evidence suggests that the Maldives were populated as early as the 4th century BC. It is thought that the earliest settlers migrated from Arabia, Eastern Asia and the Indian subcontinent. The life expectancy of the inhabitants is 70 years and the literacy rate is 98 percent.

RELIGION

Maldives is a Sunni Muslim nation. Islam is the religion of the State and the backbone of society. Before the arrival of Islam, Buddhism was the prevalent religion in the country. In 1153 AD a scholarly man of faith convinced the then ruling king of the virtues of Islam. It is a matter of pride and honor to every Maldivian that Islam has, to this day, been one of the reasons why peace, harmony and understanding has prevailed in the land.

RETREAT ELECTRICAL INFORMATION

120/240 volts, using a 3 pin plug